

LCBO

LAFR Contact List Management

Logistics Average Freight Rates (LAFR) are analyzed by the LCBO quarterly. Agents are contacted with any changes to their freight rates each quarter as required. The communication includes the updated freight rates, as well as the submission process/timelines for re quoting as needed.

If you would like to make changes to your LAFR contact list (Add/Remove users) please fill out and submit the [LAFR Contact Form](#)

Should you have questions pertaining specifically to your LAFR rates, please follow up with freightrate.inquiry@lcbo.com